



# ADHD Treatment Contract

Your child has been diagnosed with Attention Deficit Hyperactivity Disorder (ADHD) by a physician at GROW Pediatrics and Adolescent Medicine. Medications used for the treatment of ADHD are controlled substances, the prescription of which is tightly controlled by state/federal law.

In order to provide the best care for your child, treatment of their ADHD follow these guidelines:

- After initiation of treatment, the patient will follow up every 30 to 90 days prior to the issuance of refills of ADHD medication** (a minimum of four visits per year). These visits are in addition to the required yearly well check that your child will undergo. Appointments for medication management should be completed at least **five** days before the completion of current medication supply. Additional prescriptions will not be issued until the appointment is completed.
- Medication prescriptions cannot be mailed, faxed or called into the pharmacy.** By law, these medications cannot be automatically refilled.
  - The prescription **must** be sent electronically from the clinic to the pharmacy, by a physician.
  - Refill requests are best communicated by you, the parent, through our online patient portal.
  - Refill requests may also be initiated by you, the parent, by phone. Please remember that at least five days are required for the processing of refills.
- You are advised to promptly contact GROW Pediatrics if your child encounters any potential adverse side effects from the prescribed medications.
- Any suspected inappropriate use/abuse of prescribed medications by your child is to be promptly reported to GROW Pediatrics.
- Any requests for changes in prescribed medication will require a follow-up visit to determine the appropriateness of medication changes and to issue any new prescriptions.
- GROW Pediatrics is to be promptly notified in the event that the prescribed medication is lost, stolen or rendered unusable.** Such an occurrence will be thoroughly evaluated by the physician prior to the issuance of a replacement prescription.
- If your health insurance does not cover the cost of mental health services, including treatment of ADHD, the patient/parent will be responsible for the full cost treatment.

**We are here to help in any way possible. By working together, we can achieve the best results.**

I have read the above ADHD treatment guidelines. I understand that stimulant medications (such as Adderall, Vyvanse, Concerta, Ritalin, and others) are classified as controlled substances by the FDA and are monitored by the DEA. I understand that if I fail to comply with this agreement, the physician may discontinue medication and/or treatment.

Patient Name: \_\_\_\_\_ DOB \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Print Name \_\_\_\_\_